

# **Our Lady of Perpetual Catholic Church**



## **Parish Religious Education (P.R.E.) 2023-24 Family Handbook and Calendar**

**Office of Religious Education**

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# ***Parish Religious Education Calendar 2023-2024***

## ***First Semester***

| <b>Date</b>                      | <b>Event</b>   |
|----------------------------------|--|
| <b>September 10th</b>            | <b>First day of PRE Classes-St. Therese Hall<br/>All Grades Family Meeting 10:30am</b>   |
| <b>September 17<sup>th</sup></b> | <b>Confirmation Family Meeting Sunday 4:30pm<br/>Room 109A/B</b>   |
| <b>October 8th-15th</b>          | <b>No PRE classes Fall Break</b>   |
| <b>November 4th</b>              | <b>Middle School Students only Retreat Saturday<br/>10am-4pm St. Therese Hall</b>  |
| <b>November 12th</b>             | <b>Reconciliation Family Meeting Sunday 2pm<br/>Room 109A/B<br/>Breakfast with the Saints OLPH Students only-St<br/>Therese Hall<br/>Sunday 8:30am-12:30pm</b> |
| <b>November 19th-26th</b>        | <b>Thanksgiving Break No PRE Classes</b>   |
| <b>December 2<sup>nd</sup></b>   | <b>First Reconciliation Saturday 10am<br/>Main Sanctuary</b>   |
| <b>December 3rd</b>              | <b>Student Advent confessions during PRE class<br/>time</b>  |
| <b>December 10th</b>             | <b>PRE Christmas Program<br/>All Family Meeting 10:30am St. Therese Hall</b>   |
| <b>December 17<sup>th</sup></b>  | <b>No PRE Classes Christmas Break Begins</b>   |

# **Parish Religious Education**

## **Calendar 2023-2024**

|                                       |   |
|---------------------------------------|---|
| January 7th                           | PRE Classes Resume  |
| January 14th                          | No PRE Classes  |
| January 28th                          | Confirmation Parents only Retreat<br>Sunday 4:30pm<br>Room 109 A/B  |
| February 11th                         | Confirmation Students only Retreat<br>12 to 6pm<br>St. Therese Hall<br>No PRE for 8 <sup>th</sup> Grade Students ONLY |
| February 18th                         | NO PRE Classes  |
| February 25 <sup>th</sup>             | First Communion Family Meeting<br>Sunday 2pm<br>Room 109 A/B  |
| February 25 <sup>th</sup> & March 3rd | Student Lent Confessions during PRE time  |
| March 3 <sup>rd</sup>                 | Stations of the Cross<br>All Family Meeting 10:30am-St<br>Therese Hall  |
| March 10th-17th                       | Spring Break No PRE Classes   |
| March 24th                            | Confirmation Family meeting Sunday<br>4:30pm<br>St. Therese Hall  |
| March 31st                            | No PRE Classes Easter   |
| April 7 <sup>th</sup>                 | Breakfast with the Saints-PRE<br>Students Only<br>St. Therese Hall  |
| April 14 <sup>th</sup>                | Virtus Class during PRE class time  |
| April 21st                            | First Communion Family Meeting<br>Sunday 2pm<br>Room 109A/B   |
| May 5th                               | Last day of PRE Classes<br>All Family Gathering 10:30 am St.<br>Therese Hall  |
| May 11 <sup>th</sup>                  | Confirmation 10am at OLPH   |
| May 12th                              | May Crowning  |
| May 18 <sup>th</sup>                  | First Holy Communion Saturday 10am<br>Main Church   |

Dear Parents,

Thank you parents for your commitment to your child's faith formation. We are honored to partner with you to help lead your child into growing in wisdom, knowledge and love for Christ and the Catholic Faith.

Our religious education mission is to provide a strong foundation for our children's catholic faith that allows them to know God, to love Him and to Serve Him. Parents are the primary providers of that foundation with the religious formation program (PRE) as their support.

Our religious education program promotes understanding and practice in the power of living a Sacramental life. We want to encourage families to practice regular reception of the Holy Eucharist and going to Confession. In addition parents can strengthen their own spirituality by participating in various adult faith formation opportunities available at our parish.

If you have any questions throughout the year, please contact the religious education office at 901-754-1204 ext 319 or email [jthomas@olphgermantown.org](mailto:jthomas@olphgermantown.org). We are here to help!

May God bless you and your family always. We are praying constantly for your children. We value your prayers for our religious educational program here at OLPH. We also pray for the intercession of Our Lady of Perpetual Help to intercede for our children, parents and catechists.

Sincerely,

Jisha Thomas  
Director of Religious Education  
Our Lady of Perpetual Help Catholic Church  
8151 Poplar Ave  
Germantown, TN 38138  
901-754-1204 Ext 319 office  
901-754-1204 church office

## **Adult Opportunites at OLPH**

- Parent Faith Formation Sundays at 10:30am
- Alpha on Wednesdays
- WWP Women's Bible Study (Mondays, Thursdays)
- Catholic Bible Studies on Wednesdays

## **Guidelines for Placement in Religious Education Classes**

In the Diocese of Memphis, sacrament preparation is a two-year process. A student must have been enrolled in religious education for a full year prior to the year in which they plan to receive the sacrament. Our diocese celebrates the sacraments of First Reconciliation and First Communion in 2<sup>nd</sup> grade. Confirmation is celebrated in the 8<sup>th</sup> grade.

### **Class Placement:**

We have the following classes available in our Religious Education Program:

- K – 8th grade Traditional Classes
- Preparation Classes for elementary and middle school students who did not receive sacraments at the traditional time to prepare for and receive sacraments.

In general, students who have received their sacraments at the traditional time will be assigned to the PRE class that corresponds to their grade level in school, K – 8<sup>th</sup> grade.

## **Placement For Students Who Did Not Receive Sacraments at the Traditional Time**

**For Children in (3rd-8th) or older students (8<sup>th</sup> – 11<sup>th</sup> grades) that were not able to receive the sacraments at the traditional time please contact the DRE to make arrangements for Sacrament Preparation Courses.**

### **Children with Disabilities or Special Needs**

OLPH desires to provide effective catechesis for those students with disabilities. If your child has disabilities or special needs, please talk with the DRE and your child's catechist to develop a plan for your child. We want to make inclusion successful for everyone.

## Homeschooling

- Catholic homeschooled students are those students defined as being home schooled in all academic subjects by their parents, not just religion.
- Home schooling families are encouraged and welcomed to participate in our Religious Education Program. This is a wonderful opportunity to foster a sense of community with the parish and interact with other Catholic children in a controlled and caring environment.
- Homeschooled children who are in a year that a sacrament is being received are encouraged to attend PRE classes that year (2<sup>nd</sup> grade and 8<sup>th</sup> grade).
- As a rule, we do not permit students to be homeschooled in religious education unless they are homeschooled in all academic subjects.

## General Information

### Class Time

All PRE classes begin promptly at **10:30am** and dismiss at **12pm** on Sunday. Prayers will be led in the gym beginning at 10:30 am. At that point, all outside doors and gates will be securely locked for the safety of our students. **Students arriving after 10:30am should check in your child in the church office.**

### Attendance

- Please make PRE attendance a priority. We want your students there EVERY week! We have a limited number of hours a year to meet our requirements, so every class is important.
- When absence is unavoidable, please complete the PRE absentee form on the church website. Please request a “make-up” lesson from your child’s teacher to complete at home; this will aid in the continuity of curriculum for the child.
- In the rare event that you should need to pick up your child early from classes, you must park and come into the main church office to ask for the child. You will be required to sign your child out – for the child’s safety, we will not allow a child to leave the building unescorted.
- **Please note: We are unable to accommodate student visitors to our Religious Education program due to safety and liability.**

### Inclement Weather

In the event of inclement weather, we will use the communication to email/text parents. Please use your own best judgement when deciding if you should venture out in severe weather.

## **Drop-off and Pick-up Procedures**

The safety of our children is very important to us! To insure safety in a high-traffic parking lot please follow these rules:

- **There are two options to pick up and drop off your child: Carline or walkup line at the gym**
- The Carline drop off and pick up location is at the front of the OLPH school facing Poplar by the Mother Mary Statue. Parents can start dropping off their children at 10:15am until 10:30am. The doors will lock at 10:30am. Pick up will begin at Noon.
- Parents may also drop off their children at the OLPH School Gym beginning at 10:15am. The gym doors will lock at 10:30am. Pick up will begin at Noon.
- Children are released to parents/step-parents/guardians upon dismissal. If your child may NOT be released to certain parties, you MUST provide official documentation specifying legal custody to the Pastor or Director of Religious Education.

## **Safety and Security**

- All outside doors and gates will remain locked during the PRE session. If a parent needs to enter the building, please come to the church office doors.
- The entire school campus is equipped with cameras to monitor hallway, stairwell, entry doors and outside areas.
- **Fire Drills:** For our student's safety, we will conduct one fire drill to make our students and adult volunteers aware of emergency exits and safety procedures in the school building.

## **Communication**

The Office of Religious Education will communicate with families in the following ways:

- Sending information through email
- The parish Weekly Bulletin
- The OLPH church website. <https://olphgermantown.org/faith-formation/youth-faith-formation/>

We are only a phone call away! Please contact the Office of Religious Education if you have any questions or concerns at 901-754-1204

## Discipline

Most of our children in our PRE program are well-behaved, which is expected and appreciated! However, if there is a problem, it will be handled on an individual basis by the catechist, the DRE and the parents.

- Normal discipline problems will be handled by the catechist. If a problem becomes persistent, the student may be sent to the PRE office for a short “time out”.
- If a child’s behavior is too disruptive to remain in the classroom, the child may be asked to complete the lesson in a separate space, supervised by an adult.
- A continuing problem may necessitate a phone call to the parents and a conference with the parent.
- If a problem persists, we may ask the child’s parent to attend the class with the child until the child has the ability to attend classes independently.

## Cell Phones

Cell phones should not be seen or heard during class time except with the teacher’s permission. If a student uses a cell phone during class (texting, playing games, taking photos, etc.) the teacher has permission to take it and then return it to the student at the end of class. If the problem persists, the parents may be contacted.

Older students may research saints, service projects, etc on their phone when directed. Also, all students may answer a call or text from a parent with the teacher’s permission.

## VIRTUS “Power to Protect” Program for Kindergarten - High School



*“Power to Protect”* is a companion to the VIRTUS program in which many of us have participated. With VIRTUS, we were educated to identify the warning signs of child abuse. In the *“Power to Protect”* program, our children are given age-appropriate instruction about establishing boundaries important to personal safety. This program consists of a short video introduction for each grade level and a series of discussion points. The material is developmentally appropriate for each age

group and includes content and activities that reinforce the message.

The OLPH PRE program will present these lessons in the month of April, during one class period. Parents are given the opportunity to “opt out” of this program on their registration form each year. Please call the Religious Education office if you have any concerns.

## VIRTUS Training for Adults

**Protecting God’s Children** is mandated by the United States Bishops and thus the Diocese of Memphis. Anyone having regular contact with youth must attend the Virtus Training Program and agree to a background check. All of our Teachers and Assistants have attended the training and agreed to the background check as required.



## **Volunteers - You Can Help!**

The involvement of parents over the years has significantly contributed to the strength of the OLPH PRE Program. Active parental involvement is encouraged and needed. Numerous opportunities exist to get involved and take part in your child's faith formation. For more information, call the Religious Education office at 754-1204. We rely on teens who have completed Confirmation to help us to assist in classrooms. Please contact us if your older child would like to help.

## **CURRICULUM**

**All of our textbook series are on the Conformity Listing of Catechetical Texts and Series approved by the United States Conference of Catholic Bishops.**

### **Catechism of the Good Shepherd (K and 1st Grade)**

The Catechesis of the Good Shepherd is a catechetical program for children. It is a reflective-based program of religious formation that helps a child to further develop his/her relationship with God in a developmentally appropriate way. It is rooted in Sacred Scripture, the Liturgy, and the educational philosophy of Maria Montessori.

#### **An Atrium-a prepared environment**

**We have Level 1 and Level 2 Atriums at OLPH.**

The atrium is a specially designed learning environment where children and adults come together to pray, work, and contemplate the mystery of God and the presence of God in our lives. The atrium is designed to meet the developmental needs of the children and provide beautiful space to share in the process of discovering the Word of God together.

#### **Materials**

The Catechesis of the Good Shepherd uses hands-on materials that present central themes to the child. These materials draw the children into the mystery and make it possible for them to have a dialogue with the "Inner Teacher," The Holy Spirit. The materials are hand-made by the catechists and parent volunteers. They are simple, yet beautiful, and are set-up in an organized curriculum

### **CHRIST IN US Sadlier (2-6th Grades )**



Christ In US was developed in collaboration with the wisdom of the community. The team included respected catechetical, liturgical, pastoral and theological experts who shared their insights and inspired its development. Prayer in every lesson, in a variety of forms, engages students' senses with enhanced prayer experiences. With a focus on the seven sacraments, children prepare to actively participate in the life of the church. Children experience *Christ in Us* through the student books and the student portal. In each lesson, children learn about their Catholic faith, build faith vocabulary, and apply their knowledge with thought-provoking activities.

### **Seventh Grade Curriculum**

Decision Point by Dynamic Catholic teaches and inspires teens to respond to God's grace, and it's changing hundreds of thousands of young lives.

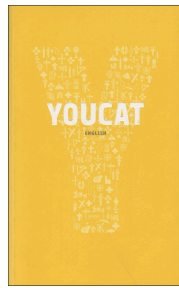
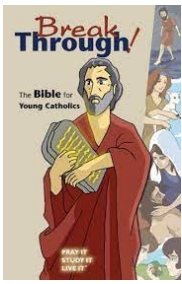
Altaration by Ascension Presents it is program that unfolds the mystery of the MASS Encounter is a resource of the Great Adventure Catholic Bible Study Program

Youth Alpha-is a 9-week series that makes it easy for you to create a space where youth will be excited to engage in conversations about faith.

### **CHOSEN (8<sup>th</sup> grade and High School Confirmation Class)**



*Chosen: Your Journey Toward Confirmation (Ascension Press)* is a twenty-four-lesson program that prepares students both intellectually and spiritually to receive the Sacrament of Confirmation and to become lifelong disciples of Christ. All too often we see teens drift away from the Church after Confirmation. *Chosen* seeks to reverse this trend by winning over the hearts of teens at a critical time in their lives and keeping them firmly planted within the faith community of the Church.



**Break Through The Catholic Youth Bible**, designed for young people, this Bible is issued to all students in their first year of preparation for Confirmation.

**YOUCAT** - YOUCAT is short for "Youth Catechism of the Catholic Church". Developed with the help of young Catholics, YOUCAT is an accessible, contemporary expression of the Catholic faith.

It explains:

- What Catholics believe and why (doctrine)
- How Catholics celebrate the mysteries of the faith (sacraments)
- How Catholics are to live (moral life)
- How they should pray (prayer and spirituality)

The YOUCAT is issued to students in their second year of Confirmation preparation.

## **Prayers**

Our Catholic tradition is rich with many forms of prayer. Children are able to understand from their preschool years that prayer is talking and listening to God. Our ministry as parents and catechists is to lead our children to a deeper relationship with God, and prayer is essential to this goal. The chart below lists the prayers that we learn at each grade level in our program; we ask for your help in passing them on to your children. (Please see the appendix at the end of this book for the words to each prayer.)

- [3k-Sign of the Cross](#)
- [4k-Grace before meals](#)
- [K-Grace after meals, Guardian Angel Prayer](#)
- [1st-Our Father, Hail Mary](#)
- [2nd-Act of Contrition, Fatima Prayer, Hail Holy Queen, St. Michael](#)
- [3rd-Serenity Prayer, Morning Offering, The Confiteor, Concluding Rosary Prayer](#)
- [4th-Gloria, Divine Mercy Chaplet, Apostles Creed](#)
- [5th-Nicene Creed, Memorare, Eternal Rest, New Testament Books](#)
- [6th-Anima Christi, Prayer of St. Francis, 10 commandments, Old Testament Books](#)
- [7th-Angelus, Regina Coeli, Divine Praises, Beatitudes](#)
- [8th-Magnificat, Prayer to the Holy Spirit, Corporal Works of Mercy, Spiritual Works of Mercy, Gifts of the Holy Spirit](#)

# **Sacrament General Information**

- **Preparation for sacraments is a two-year process.** This means in order to receive First Communion and First Reconciliation in 2nd grade, the child must be enrolled in Catholic School or PRE in 1st grade. In order to receive Confirmation in 8th grade, the child must be enrolled in Catholic School or PRE in 7th grade.
- **All Catholic children between 1st grade and 8th grade should be receiving Religious Education every year – either in a Catholic School or in our PRE program.** Additionally, children who are homeschooled **must** be registered through the PRE program.
- **Confirmation Preparation** - The first year of Confirmation Preparation begins in the 7<sup>th</sup> grade. Seventh grade parents should be aware that students will perform 15 hours of service during the year. (Please see Confirmation Guidelines in this handbook for more information.)
- **Parent Sacrament Meetings** – It is required by the Diocese of Memphis that the parents of children who will be receiving First Reconciliation, First Communion and Confirmation attend parent meetings
  - **For First Reconciliation/First Communion**, parents must attend one meeting for Reconciliation and one meeting for Eucharist, for a total of two meetings. We have additional meeting for First Communion.
  - **For Confirmation**, parents must attend the Confirmation Program Overview and one Confirmation Session, for a total of two meetings. We also have parent retreat night in addition to the required meetings.

**Should any child miss a significant number of religion classes and/or parents fail to attend the Parent Sacrament Meetings, it could result in delaying the sacrament for the child.**



## **APPENDIX**

### **Sign of the Cross**

In the name of the Father, and the Son and the Holy Spirit. Amen.

### **Grace Before Meals**

Bless us, O Lord, and these Thy gifts,  
which we are about to receive from Thy  
bounty,  
through Christ our Lord. Amen.

### **Grace After Meals**

We give Thee thanks almighty God  
For these and all Thy benefits  
That we have received  
From Thy bounty  
Through Christ our Lord, Amen.

### **Guardian Angel Prayer**

Angel of God, my Guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard, to rule and guide.  
Amen.

### **Hail Mary**

Hail Mary, full of grace. The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.

### **Act of Contrition**

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong and failing to do good,  
I have sinned against you whom I should love above all things.  
I firmly intend, with your help, to do penance, to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ suffered and died for us.

### **Glory Be**

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning, is now,  
and ever shall be,  
world without end. Amen.

### **Our Father**

Our Father,  
Who art in heaven,  
hallowed be Thy name;  
Thy kingdom come;  
Thy will be done on earth as it is in  
heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against  
us;  
and lead us not into temptation,  
but deliver us from evil. Amen.

In his name, Lord, have mercy

### **Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those in most need of thy mercy.

### **The Angelus**

V- The Angel of the Lord declared unto Mary.

R- And she conceived by the Holy Spirit.

(Hail Mary...)

V- Behold the handmaid of the Lord.

R- Be it done unto me according to thy word.

(Hail Mary...)

V- And the Word was made Flesh.

R- And dwelt among us.

(Hail Mary...)

V- Pray for us, O Holy Mother of God.

R- That we may be made worthy of the promises of Christ.

LET US PRAY:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts;  
that, we to whom the Incarnation of Christ, Thy Son,  
was made known by the message of an Angel,  
may by His Passion and Cross,  
be brought to the glory of His Resurrection  
through the same Christ our Lord. Amen.

### **Morning Offering**

Jesus, through the Immaculate Heart of Mary,

I offer you my prayers, works, joys, and suffering of this day  
in union with the Holy Sacrifice of the Mass throughout the world.

I offer them for all the intentions of Your Sacred Heart:

the salvation of souls, reparation for sins, the reunion of all Christians;

I offer them for the intentions of our Bishops and of all Apostles of Prayer

and in particular for those recommended by our Holy Father this month. Amen

### **Prayer of St. Francis of Assisi**

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

and where there is sadness, joy.

O Divine Master, grant that I may not so much seek

to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.  
For it is in giving that we receive;  
it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life. Amen

### **Hail Holy Queen**

Hail, Holy Queen, Mother of mercy,  
our life, our sweetness and our hope.  
To thee do we cry, poor banished children of Eve:  
to thee do we send up our sighs,  
mourning and weeping in this valley of tears.  
Turn then, most gracious Advocate,  
thine eyes of mercy toward us,  
and after this our exile,  
show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet Virgin Mary! Amen.

### **The Apostle's Creed**

I believe in God,  
the Father Almighty,  
Creator of Heaven and earth;  
and in Jesus Christ, His only Son, Our Lord,  
Who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into Hell.  
The third day He arose again from the dead;  
He ascended into Heaven,  
sitteth at the right hand of God, the Father Almighty;  
from thence He shall come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

### **The Nicene Creed**

I believe in one God,  
the Father almighty,

maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

### **Memorare**

Remember, O most gracious Virgin Mary,  
that never was it known  
that any one who fled to thy protection,  
implored thy help  
or sought thy intercession,  
was left unaided.  
Inspired by this confidence,  
We fly unto thee, O Virgin of virgins my Mother;  
to thee do we come, before thee we stand, sinful and sorrowful;  
O Mother of the Word Incarnate,  
despise not our petitions,  
but in thy mercy hear and answer them. Amen.



### **Eternal Rest**

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

### **Divine Praises**

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

### **Saint Michael Prayer**

Saint Michael, the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray;

and do thou, O Prince of the heavenly host,

by the power of God

cast into hell Satan and all the evil spirits

who prowl throughout the world seeking the ruin of souls. Amen.

### **Holy Spirit Prayer**

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.