



Our Lady of Perpetual Help
Service Encounter Guide

Minimum Service Encounter hours Requirement			
<u>Grade</u>	<u>Due Date</u>	<u>Spiritual Works of Mercy</u>	<u>Corporal Works of Mercy</u>
7th Grade	May 24th 2024	10 Hours	5 Hours
8th Grade	Mar 24th 2024	10 Hours	5 Hours

<u>Spiritual Works of Mercy</u>	<u>Corporal Works of Mercy</u>
Instruct the ignorant: (*VBS counselor, Bible Study Leader)	Feed the hungry/drink to thirsty: volunteer at a soup kitchen
Comfort the Sorrowful: (Sending Cards to Nursing homes, Memory Care Centers)	Clothe the naked: Clothes drive for the homeless
Pray for the living and the dead: Adoration, Rosary, choir, altar serving	Shelter the homeless: Volunteer at a homeless shelter

**VBS hours can be split 50% for Spiritual and 50% for Corporal.*

- *We also want to encourage students to do at least 50% of their service hours at Our Lady parish.*
- *Candidates for Confirmation must have a minimum of 30 hours: 15 hours (Year 1) and 15 hours of (Year 2) of service hours by Mar 24th.*

The Sacrament of Confirmation is freely given as a gift from our Church, the Church instituted by Jesus Christ. The Sacraments can never be earned by a set number of service hours. We feel that as our students grow in their love for Jesus their natural reaction will be a desire to go out and serve the world.

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'"Matthew 25:40

X2vol

Service hours must recorded by using x2Vol see link here:

<https://www.x2vol.com/index.html>



Step 1: Register

- Go to X2vol.com
- Click Join
- Click Complete Registration on the Left Hand Side
- Find Your School: Type Our Lady of Perpetual Help and click Search
- Account Lookup: Enter your last name and email address and click search
- Check to make sure Student Registration is complete: First name, Last Name, email address, DOB, Student ID
- Create a password and confirm same password
- Select the group for your grade
- Check the two boxes
- Select if 13 and above or the other option depending on your age
- Select Complete Registration








Step 2: Logging Hours


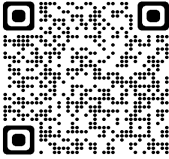

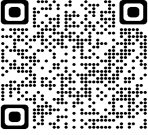






- Go to X2vol.com
- Click Log in
- Click continue with Google
- Click on Opportunities and Projects tab
- Click on My Activity Log
- Click Create New under personal project
- Type in the name of organization
- Next Box fill out a brief description of what you did
- Don't click the recurring button
- Click the field of interest: Faith Based...
- Type in the Name of the Activity Contact (VBS-Jisha Thomas)
- Do Not put a phone number ONLY Name and Email
- Date of service please add the first date if consecutive multiple days are served
- Type Total number of hours served
- Type a brief reflection-What you learned? How did this service make you grow in your faith?
- Choose the goal you would like the hours to be applied to
- Click the Oath
- Click Submit
- Claim Successfully Submitted message should pop up
- Your hours will then be verified by the activity Contact and approved by the approval contact.

[Corporal works of Mercy Opportunities in our Diocese](#)

[5 hours Required](#)

(You must first contact the organization listed below to arrange a time to volunteer. For students below 18 years of age a parent needs to be accompany the students)

Organization	Description	Website	Activity Contact
 OLPH Sandwich Ministry	OLPH volunteers make sandwiches at home and drop off at the OLPH church for Catholic Charities		
 OLPH Nursery Helper	Volunteers assist in the nursery. Space is limited. Parent supervision is not required.		jthomas@olphgermantown.org
 OLPH VBS	<p>Student Counselor. Parent Supervision not required.</p> <p>Apply 50% of hours to Corporal.</p>	<p>Sign up will posted at a later date</p>	jthomas@olphgermantown.org
	Project Outreach helps the underserved population in Fayette County.		

	<p>Shelter for homeless families –need help with sorting donations, cleaning, yard work, tutoring, childcare, bringing prepared meals, etc.</p>		
	<p>Parish volunteers serve people experiencing homelessness by providing emergency shelter and meals.</p>		
	<p>Located at 1306 Monroe in downtown Memphis and has a Food Mission that operates daily, Students can make sandwiches for the soup kitchen, or you may help serve</p>		
	<p>Ave Maria Home Long Term care center in Bartlett has many service projects for volunteers.</p>		<p>Julie Trayal jtrayal@avemariahome.org</p>
	<p>Downtown Memphis serves 300 daily. Volunteer to prep and serve</p>		

Spiritual Works of Mercy Opportunities

(10 Hours Required)

Description	Time	Notes	Activity Contact
Adoration	All Fridays 8am-8pm (Except Mass times at 8:15am and 12pm)	Service must be done outside of school hours. Please use the login sheet at the chapel	jthomas@olphgermantown.org
Middle School Retreat	11/4 10-4pm	6 hours provided	jthomas@olphgermantown.org
Holy Hour Guided Adoration (2x)	December 6th 7pm	At Our Lady Chapel	jthomas@olphgermantown.org
Altar Serving	During Weekend Masses	Service must be done outside of school hours	jthomas@olphgermantown.org
Choir/Handbells	During Weekend Masses	Service must be done outside of school hours	Shane Cole <scole@olphgermantown.org>
Stations of the Cross	During Holy Week	Service must be done outside of school hours	jthomas@olphgermantown.org
Divine Mercy Chaplet	Main Church 3:15pm Mon-Fri	Please use login sheet at the church	jthomas@olphgermantown.org
Rosary	Before Masses on Sundays	Service must be done outside of school hours Please use the login sheet at the church	jthomas@olphgermantown.org
Retreats	See flyers below		
OLPH VBS	Student Counselor. Parent Supervision not required.	Apply 50% of hours to Spiritual.	jthomas@olphgermantown.org



A MIDDLE SCHOOL EVENT LIKE NO OTHER!

At Holy Fire, middle school Catholics are invited and challenged to embrace their baptismal call and the powerful, relevant gospel of Jesus. Through talks by dynamic speakers, witness by peers, inspirational praise and worship, and rich experiences of the Sacraments, Holy Fire helps young people feel seen, welcomed, and invited into a life-changing commitment to Christ.

WHO

Middle School Youth

COST

\$45/person
(optional Chick-Fil-A lunch available for purchase)

WHEN

Saturday, Oct 21, 2023
9:30 AM to 5:30 PM
Mass held at 4:00 PM

WHERE

Diocese of Nashville
Catholic Pastoral Center
2800 McGavock Pike
Nashville, TN 37214



PJ
Anderson



Angele
Baczmaga



Bishop J. Mark
Spalding



Noelle
Garcia



DJ
Staël

REGISTRATION IS OPEN!

eqsaints.com/holyfire-nashville

Hosted by the Diocese of Nashville, and brought to you by the producers of NCYC, the nation's largest Catholic youth event; the National Federation for Catholic Youth Ministry, in partnership with Equipping the Saints, a division of Declan Weir Productions, Inc.



DIOCESE OF
NASHVILLE



EQSAINTS



DWP

NFCYM

**Our Lady Middle School Eucharist Retreat
presented by Net Ministries**



**True Presence
Nov 4th: 10am to 4pm
St. Therese Hall**

For 6th, 7th and 8th Grade students



Participants Will Earn 6 Service Hours toward their Spiritual Works of Mercy goal for the year! Scan the QR code to register for FREE. Space is limited!

NET Ministries trains teams of young adults and sends them to minister in parishes and schools across the United States. The NET Team will use peer-to-peer ministry to bring God's love to our youth.

Over 2.1 million young people have been impacted by NET Ministries

Register: <https://docs.google.com/forms/d/e/1FAIpQLScccB3Nn9huRqO8II8FPGkE-ZJgfUsn50TvUrFoc9fq8aLUCg/viewform?vc=0&c=0&w=1&flr=0>

\$75 Dollars per student

Voyage Retreat November 10 - 12, 2023

VOYAGE is designed to allow young Catholic Christians (7th and 8th graders) to develop a better understanding of themselves through their gifts and talents and increase their self-esteem, self-worth, and self-confidence. Furthermore, VOYAGE tries to foster in each young person their gifts and talents and encourage them to set sail and put these gifts and talents to work for God and His holy people.

Voyage is unique and is to be experienced only once!

Here is the registration link or go to the Events page on the [CDOM.ORG](https://www.cdom.org) website.

[Voyage Retreat Nov 2023](#)

Date: November 10 – 12, 2023

Time: Starts at 8:00pm on Friday and Ends at 4:00pm on Sunday

For: 7th and 8th Grade students

Place: St. Benedict at Auburndale

8250 Varnavas Dr in Cordova

Please check your email for a link to the REQUIRED Signed Health Form after submitting registration. This form MUST be sent back prior to event or may be turned in at the event. No admittance is allowed without the form.

Link to Register for

Voyage: <https://www.shelbygiving.com/App/Form/04578887-f9c9-45d5-9f4d-f39bdd50349b>

