



Our Lady of Perpetual Help **Service Encounter Guide**

- *Each candidate for confirmation will practice the Spiritual Works of Mercy (pray for the living and the dead-Adoration, Rosary, Stations, Divine Mercy, Altar Serving, Choir/Handbells)*
- *(10 Hours) and participate with their family in the Corporal Works of Mercy (Some examples include to Feed the hungry, give drink to the thirsty, clothe, food-clothes drive for homeless, help at soup kitchen, greeting cards for the seniors, hospitalized or for the prison ministry) (5 Hours).*
- *We also want to encourage students to do at least 50% of their service hours at Our Lady parish.*
- *Confirmation Year 1 (7th Grade) requirement is a minimum of 15 hours by May 24th 2024.*
- *Confirmation Year 2 (8th Grade) requirement is a minimum of 15 hours by Mar 24th 2024.*
- *Candidates for Confirmation must have a minimum of 30 hours: 15 hours (Year 1) and 15 hours of (Year 2)of service hours by Mar 24th.*

Service hours must recorded by using x2Vol see link here:

<https://www.x2vol.com/index.html>



The Sacrament of Confirmation is freely given as a gift from our Church, the Church instituted by Jesus Christ. The Sacraments can never be earned by a set number of service hours. We feel that as our students grow in their love for Jesus their natural reaction will be a desire to go out and serve the world.

***"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'"*Matthew 25:40**

X2vol

Step 1: Register

- Go to X2vol.com
- Click Join
- Click Complete Registration on the Left Hand Side
- Find Your School: Type Our Lady of Perpetual Help and click Search
- Account Lookup: Enter your last name and email address and click search
- Check to make sure Student Registration is complete: First name, Last Name, email address, DOB, Student ID
- Create a password and confirm same password
- Select the group for your grade
- Check the two boxes
- Select if 13 and above or the other option depending on your age
- Select Complete Registration







Step 2: Logging Hours




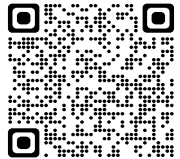

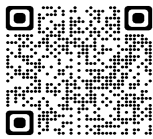






- Go to X2vol.com
- Click Log in
- Click continue with Google
- Click on Opportunities and Projects tab
- Click on My Activity Log
- Click Create New under personal project
- Type in the name of organization
- Next Box fill out a brief description of what you did
- Don't click the recurring button
- Click the field of interest: Faith Based...
- Type in the Name of the Activity Contact (VBS-Jisha Thomas)
- Do Not put a phone number ONLY Name and Email
- Date of service please add the first date if consecutive multiple days are served
- Type Total number of hours served
- Type a brief reflection-What you learned? How did this service make you grow in your faith?
- Choose the goal you would like the hours to be applied to
- Click the Oath
- Click Submit
- Claim Successfully Submitted message should pop up
- Your hours will then be verified by the activity Contact and approved by the approval contact.

Corporal works of Mercy Opportunities in our Diocese

5 hours Required

(You must first contact the organization listed below to arrange a time to volunteer. For students below 18 years of age a parent needs to be accompany the students)

Organization	Description	Website	Activity Contact
 Catholic Charities of West Tennessee	Opportunities every week to organize and work in the food pantry and clothing closet.		mandy.lamey@acc.cdom.org
 OLPH Sandwich Ministry	OLPH volunteers make sandwiches at home and drop off at the OLPH church for Catholic Charities		
 OLPH Nursery Helper	Volunteers assist in the nursery. Space is limited. Parent supervision is not required.		jthomas@olphgermantown.org
 OLPH VBS	Student Counselor. Parent Supervision not required.		jthomas@olphgermantown.org

Organization	Description	Website	Activity Contact
	Project Outreach helps the underserved population in Fayette County.		
	Shelter for homeless families –need help with sorting donations, cleaning, yard work, tutoring, childcare, bringing prepared meals, etc.		
	Parish volunteers serve people experiencing homelessness by providing emergency shelter and meals.		
	Located at 1306 Monroe in downtown Memphis and has a Food Mission that operates daily, Students can make sandwiches for the soup kitchen, or you may help serve		
	Ave Maria Home Long Term care center in Bartlett has many service projects for volunteers.		Julie Trayal jtrayal@avemariahome.org
	Downtown Memphis serves 300 daily. Volunteer to prep and serve		

Spiritual Works of Mercy Opportunities

(10 Hours Required)

Description	Time	Notes	Activity Contact
Adoration	All Fridays 8am-8pm (Except Mass times at 8:15am and 12pm)	Service must be done outside of school hours. Please use the login sheet at the chapel	Parent Email
Holy Hour Guided Adoration (2x)	December 6th 7pm	At Our Lady Chapel	jthomas@olphgermantown.org
Altar Serving	During Weekend Masses	Service must be done outside of school hours	jthomas@olphgermantown.org
Choir/Handbells	During Weekend Masses	Service must be done outside of school hours	Shane Cole <scole@olphgermantown.org>
Stations of the Cross	During Holy Week	Service must be done outside of school hours	jthomas@olphgermantown.org
Rosary	Before Masses on Sundays	Service must be done outside of school hours Please use the login sheet at the church	jthomas@olphgermantown.org