

Our Lady's Catholic Prayer Book for Children



This prayer book belongs to:

The Mysteries of the Rosary

The Joyful Mysteries

(Mondays and Saturdays, plus Sundays during Advent and Christmas):

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

The Sorrowful Mysteries

(Tuesdays and Fridays, plus Sundays during Lent):

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

(Wednesdays and Sundays):

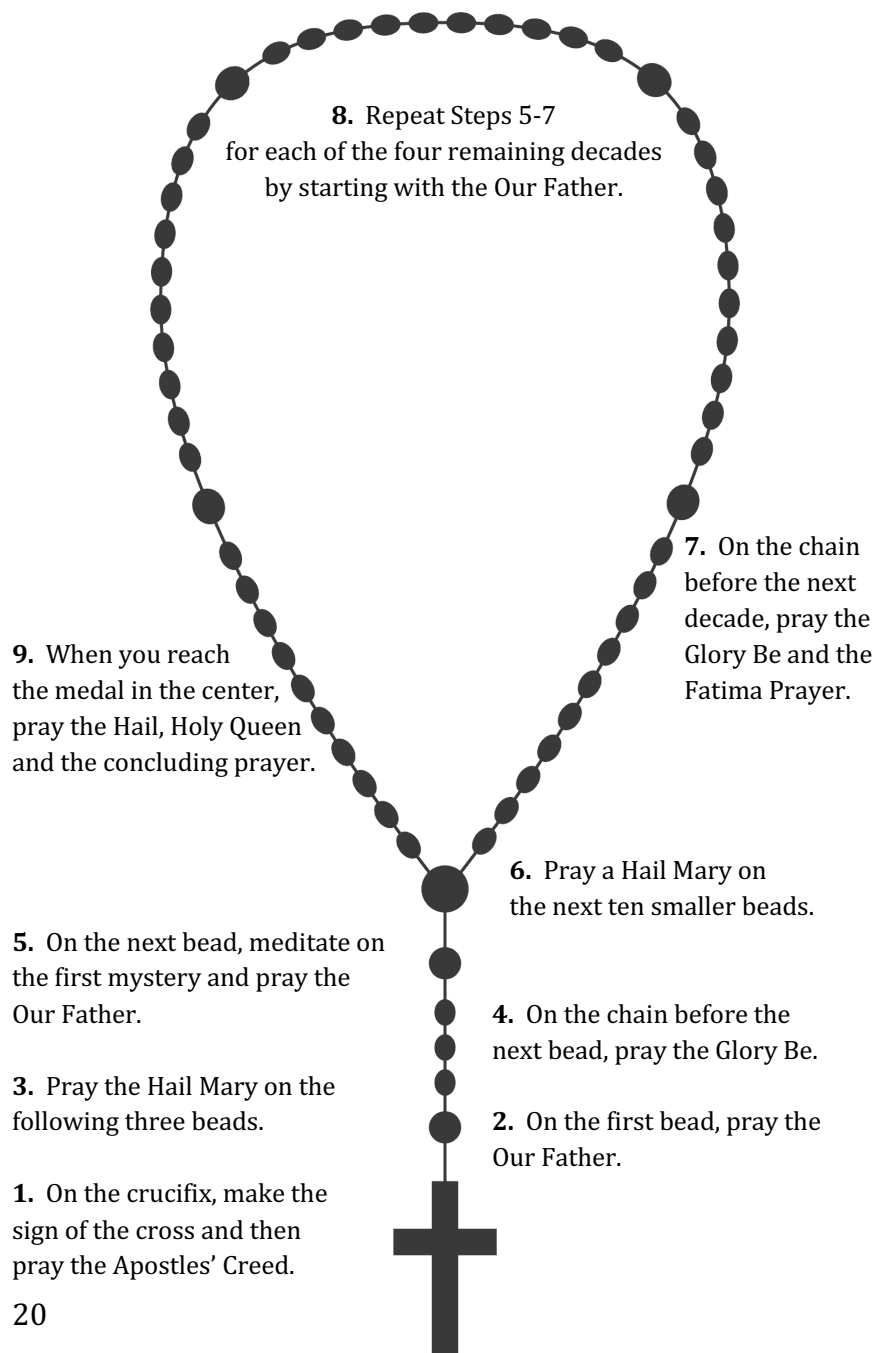
1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Virgin Mary

The Luminous Mysteries

(Thursdays):

1. The Baptism in the Jordan
2. The Wedding at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. Institution of the Eucharist

How to Pray the Rosary



Our Catholic tradition is rich with many forms of prayer. Children can understand from their preschool years that prayer is talking and listening to God. Below lists the prayers that will be learned at each grade level in our program. Our ministry as parents and catechists is to lead our children to a deeper relationship with God, and prayer is essential to this goal. Together we can strengthen our children's prayer life.

Table of Contents

Sign of the Cross (p. 2) (3K)	Nicene Creed (p. 10) (5th)
Grace Before Meals (p. 2) (4K)	Memorare (p. 11) (5th)
Grace After Meals (p. 2) (K)	Eternal Rest (p. 11) (5th)
Guardian Angel (p. 3) (K)	New Testament Books (p. 11) (5th)
Glory Be (p. 3) (K)	Anima Christi (p. 12) (6th)
Our Father (p. 3) (1st)	Prayer of St. Francis (p. 12) (6th)
Hail Mary (p. 3) (1st)	10 Commandments (p. 13) (6th)
Act of Contrition (p. 4) (2nd)	Old Testament Books (p. 14) (6th)
Fatima Prayer (p. 4) (2nd)	Angelus (p. 14) (7th)
Hail Holy Queen (p.5) (2nd)	Regina Coeli (p. 15) (7th)
St. Michael (p. 5) (2nd)	Divine Praises (p. 16) (7th)
Serenity Prayer (p.5) (3rd)	Beatitudes (p. 17) (7th)
Morning Offering (p. 6) (3rd)	Magnificat (p. 18) (8th)
The Confiteor (p. 6) (3rd)	Prayer to the Holy Spirit (p. 19) (8th)
Concluding Rosary Prayer (p. 7) (3rd)	Corporal Works of Mercy (p. 19) (8th)
Gloria (p. 7) (4th)	Spiritual Works of Mercy (p. 19) (8th)
Divine Mercy Chaplet (p. 8) (4th)	Gifts of the Holy Spirit (p. 19) (8th)
Apostles Creed (p. 9) (4th)	How to Pray the Rosary (p. 20)
	The Mysteries of the Rosary (p. 21)

Do I Know My Prayers?

As you memorize these important prayers, write the date that you learned the prayer beside it. Keep this booklet so that you can review all of the prayers that you have learned.

Sign of the Cross

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.

Grace Before Meals

Bless us, O Lord, and these Thy gifts,
which we are about to receive from Thy bounty,
through Christ our Lord. Amen.

Grace After Meals

We give Thee thanks, Almighty God, for these and all
Thy benefits, that we have received from Thy bounty,
through Christ our Lord. Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created;
and you will renew the face of the earth.
O God, who by the light of the Holy Spirit,
did instruct the hearts of the faithful,
grant, that by the same Holy Spirit,
we may be truly wise and ever enjoy His consolations,
through the same Christ Our Lord. Amen.

Works of Mercy

Corporal

Feed the hungry.
Give drink to the thirsty.
Clothe the naked.
Shelter the homeless.
Visit the sick.
Visit the imprisoned.
Bury the dead.

Spiritual

Counsel the doubtful.
Instruct the ignorant.
Admonish sinners.
Comfort the afflicted.
Forgive offenses.
Bear wrongs patiently.
Pray for the living and the dead.

Gifts of the Holy Spirit

Wisdom
Understanding
Knowledge
Counsel
Fortitude
Piety
Fear of the Lord

Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant.

From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Guardian Angel

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name;
Thy kingdom come, Thy will be done on Earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail, Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
now, and at the hour of our death. Amen.

Act of Contrition

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong, and failing to do good,
I have sinned against you whom I should love above all things.
I firmly intend with your help, to do penance, to sin no more,
and to avoid whatever leads me to sin.
Our Savior, Jesus Christ, suffered and died for us.
In his name, my God, have mercy. Amen.

Fatima Prayer

O my Jesus, forgive us our sins,
save us from the fires of hell; lead all souls to Heaven,
especially those in most need of Thy mercy.

Beatitudes

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are they who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the land.

Blessed are they who hunger and thirst for righteousness,
for they will be satisfied.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the clean in heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are they who are persecuted
for the sake of righteousness,
for theirs is the kingdom of heaven.

Divine Praises

Blessed be God.
Blessed be his holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most holy Sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy,
our life, our sweetness, and our hope!
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious Advocate,
thine eyes of mercy toward us,
and after this our exile show unto us
the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary. Amen.

St. Michael

Saint Michael, the Archangel, defend us in battle,
be our protection against the wickedness
and snares of the devil; may God rebuke him, we humbly pray;
and do thou, O Prince of the heavenly host,
by the power of God, cast into hell Satan
and all the evil spirits who prowl about the world
seeking the ruin of souls. Amen.

Serenity Prayer

God, grant me the serenity to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary,
I offer You my prayers, works, joys, and sufferings of this day
in union with the Holy Sacrifice of the Mass
throughout the world.

I offer them for all the intentions of Your Sacred Heart:
the salvation of souls, the reparation for sin,
and the reunion of all Christians.

I offer them for the intentions of our bishops
and all the members of the Apostleship of Prayer,
and in particular for those recommended
by our Holy Father for this month. Amen.

Confiteor (I Confess)

I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned in my thoughts and in my words,
in what I have done, and in what I have failed to do;
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints, and you, my brothers and sisters,
to pray for me to the Lord our God.

Regina Caeli

Call: Queen of heaven, rejoice, alleluia.

Response: The Son you merited to bear, alleluia,

Call: Has risen as he said, alleluia.

Response: Pray to God for us, alleluia.

Call: Rejoice and be glad, O Virgin Mary, alleluia.

Response: For the Lord has truly risen, alleluia.

Let us pray.

God of life, you have given joy to the world
by the resurrection of your Son, our Lord Jesus Christ.
Through the prayers of his mother, the Virgin Mary,
bring us to the happiness of eternal life.
We ask this through Christ our Lord.
Amen.

Angelus

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.
Hail Mary...

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary...

V. And the Word was made flesh.
R. And dwelt among us.
Hail Mary...

V. Pray for us, O Holy Mother of God,
R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech thee, O Lord, thy grace into our hearts; that we, to whom the Incarnation of Christ, thy Son, was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ, our Lord.
Amen.

Concluding Rosary Prayer

Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Gloria

Glory to God in the highest,
and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

Divine Mercy Chaplet

Opening:

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You! (3x)

Our Father...

Hail Mary...

Apostle's Creed...

For each of the five decades:

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world. (1x)

For the sake of His sorrowful Passion, have mercy on us and on the whole world. (10x)

Closing:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world. (3x)

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

10 Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Old Testament Books

Genesis	Tobit	Ezekiel
Exodus	Judith	Daniel
Leviticus	Esther	Hosea
Numbers	1 Maccabees	Joel
Deuteronomy	2 Maccabees	Amos
Joshua	Job	Obadiah
Judges	Psalms	Jonah
Ruth	Proverbs	Micah
1 Samuel	Ecclesiastes	Nahum
2 Samuel	Song of Songs	Habakkuk
1 Kings	Wisdom	Zephaniah
2 Kings	Sirach	Haggai
1 Chronicles	Isaiah	Zechariah
2 Chronicles	Jeremiah	Malachi
Ezra	Lamentations	
Nehemiah	Baruch	

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me.
Within your wounds, hide me.
Permit me not to be separated from you.
From the wicked foe, defend me.
At the hour of my death, call me and bid me come to you,
that with your saints, I may praise you for ever and ever.
Amen.

Prayer of St. Francis

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O Divine Master,
grant that I may not so much seek to be consoled as to console;
to be understood as to understand;
to be loved as to love.
For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life.
Amen.

Apostles Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

Nicene Creed

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins,
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to thy
protection, implored thy help, or sought thine intercession
was left unaided. Inspired by this confidence, I fly unto thee,
O Virgin of virgins, my mother;
to thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in thy mercy hear and answer me. Amen.

Eternal Rest

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace. Amen.

New Testament Books

Matthew	Ephesians	Hebrews
Mark	Philippians	James
Luke	Colossians	1 Peter
John	1 Thessalonians	2 Peter
Acts of the Apostles	2 Thessalonians	1 John
Romans	1 Timothy	2 John
1 Corinthians	2 Timothy	3 John
2 Corinthians	Titus	Jude
Galatians	Philemon	Revelation